

PREMARITAL PREPARATION COURSE

Website: LakeCityCounsel.com

Rebekah Prewitt

Phone: (407) 731-9998

Email: rp@lakecitycounsel.com

EXERCISE #1 – ELIGIBILITY FOR MARRIAGE

Please check the appropriate line.

1. I am a Christian and my intended is a Christian _____ (OK)
2. I am not a Christian and my intended is not a Christian _____ (OK)
3. I am a Christian but my intended is not a Christian _____ (NOT OK)

For Divorcees

4. I am divorced because my former spouse committed fornication _____ (OK)
5. I am divorced because my former spouse left/abandoned me _____ (OK)
6. I left my spouse even though they did not commit fornication or abandoned me _____ (NOT OK)

PREMARITAL PREPARATION COURSE

Website: LakeCityCounsel.com

Rebekah Prewitt

Phone: (407) 731-9998

Email: rp@lakecitycounsel.com

EXERCISE #2 – DISCLOSURE

This Exercise serves as a suggested guide in making your disclosures.

1. When I was in college I did this . . .
2. I have an anger problem . . .
3. I was sexually abused when I was . . .
4. I have a lot of debts . . .
5. I have not always been faithful to you . . .
6. I occasionally use illegal drugs . . .
7. I am afraid to get married . . .
8. I like to drink alcohol . . .
9. I was in prison....
10. I struggle with pornography . . .
11. I struggle with lust . . .
12. I try to get attention from other men/women . . .
13. I don't want your parents to be involved in our lives . . .
14. I am afraid that you will still hang out with your single friends after we get married . . .

PREMARITAL PREPARATION COURSE

Website: LakeCityCounsel.com

Rebekah Prewitt

Phone: (407) 731-9998

Email: rp@lakecitycounsel.com

EXERCISE #3 – CONFLICT RESOLUTION ROLE PLAY

Exercise #3 is a role play exercise of the 6 steps of conflict resolution. Each person needs to pick an issue to bring to the other person and role play these steps. For example, the groom can be the injured party and the bride the offender, and then let the bride be the injured party and the groom the offender.

Injured Party

Step #1 – Go and Talk. The injured party must go alone and talk to the other party. Tell him or her what has been done to create offense. Ref. Matthew 18:15

- Be prepared to get it all out of your heart. Don't withhold information from the other person.
- Make sure you know what you are going to say before you approach the offender.
- Have your facts straight.
- Communicate truthfully with him or her. Ref. Ephesians 4:25

Step #2 – Wait. The injured party needs to wait and not say anything else. This is not the time for the injured party to tell the offender, I forgive you.

Offender

Step #3 - Silence of the offender. The third step in conflict resolution is listed as third but should be done simultaneously with step 1 and that is the silence of the offender. The offender needs to remain silent and wait while the injured party is speaking.

Step #4 – The offender speaks. After listening to the injured party, the offender should be prepared to either apologize or clear up any misunderstanding. If the offender is guilty of the issue presented, then the offender must say something like, “I heard you, and I am very sorry for bringing these hurts to your life. I should have never done this. I was wrong. Can you please forgive me?” and “What can I do to fix this?”

PREMARITAL PREPARATION COURSE

Website: LakeCityCounsel.com

Rebekah Prewitt

Phone: (407) 731-9998

Email: rp@lakecitycounsel.com

EXERCISE #3 – CONFLICT RESOLUTION ROLE PLAY Continued

Injured Party

Step #5 – The injured party's response. The offender has asked the injured party for forgiveness, and it is now the injured party's turn to respond. This is the appropriate time for the injured party to say, "Yes, I forgive you." If there is something that can be done to fix the problem, tell the offender your expectations. Ref. Luke 17:3,4

Both Parties

Step #6 – Refusal to bring the matter up again. The injured party has just executed a contract with the offender when he or she said, "I forgive you." Yes, forgiveness is a pardon or contract you are making with the other person. Once it is executed, the deal is done. And as such, regardless of how the injured party feels, he or she must look back to that contract, and with the help of the Lord, refuse to bring the offense up again. The offender should also refrain from bringing up the matter again. Ref. Proverbs 17:9

PREMARITAL PREPARATION COURSE

Website: LakeCityCounsel.com

Rebekah Prewitt

Phone: (407) 731-9998

Email: rp@lakecitycounsel.com

EXERCISE #5 – FINANCIAL CALCULATIONS

Assignment: Calculate the tithe.

Mary and Bob each work a full time job. Mary is a cashier at Freddie's Supermarket and Bob is a mechanic at Jim's Automotive. Bob gets paid every two weeks and Mary get's paid every week. Mary's gross check is \$420 and Bob's gross check is \$950. Mary is having a difficult time calculating their tithe. Please help her figure out how much tithe they should pay each week to their church.

Assignment: Debt management

When Frankie and Sue got married in June of 2015, they entered into the marriage with \$3,900 in credit card debt. On X credit card, they had a \$2,620 balance at a 2.99% interest rate for the life of the balance. The minimum payment due was \$35. On Y credit card, they had a \$605 balance at an introductory rate of 0.00% interest which will expire on 10/17/15, and a minimum payment due of \$20. Lastly, they had a \$675 balance on Z credit card at an introductory rate of 0.00% interest expiring 5/1/16 with a minimum payment due of \$25. After hearing this course, they want to pay their debts off quickly but can only spend \$200 a month on credit card bills. Please help them figure out the best way to tackle these bills. Which creditor should they pay off first? Why?

PREMARITAL PREPARATION COURSE

Website: LakeCityCounsel.com

Rebekah Prewitt

Phone: (407) 731-9998

Email: rp@lakecitycounsel.com

EXERCISE #6 – DEFINITIONS OF LOVE

Assignment: Using the King James Version of the Bible, fill in the blanks of 1 Corinthians 13:1-7

Though I speak with the tongues of men and of angels, and have not _____, I am become as sounding brass, or a tinkling cymbal. And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove _____, and have not _____, I am nothing. And though I bestow all my goods to _____ the poor, and though I give my body to be _____, and have not _____, it profiteth me nothing. Charity suffereth _____, and is _____; charity _____ not; charity _____ not itself, is not _____ up, Doth not behave itself _____, seeketh not her _____, is not easily _____, thinketh no _____; Rejoiceth not in iniquity, but rejoiceth in the _____; Beareth all things, _____ all things, hopeth all things, _____ all things.